

week
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Spring Summer 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Red Tractor chicken meatballs in a rich tomato sauce served with pasta and garlic bread	Chicken fillet served with new potatoes, carrot batons and gravy (gf)	Mexican style lamb mince enchiladas served with oven baked jacket wedges and sweetcorn.	Italian style beef lasagne served with freshly chopped garden salad.	Fish fingers served with homemade creamy mashed potatoes and baked beans.
Main meal	Curried Quorn & potato traybake served with cucumber sticks (v)	Crispy crumbed vegetable burger served with new potatoes and coleslaw (v)	Vegan sausage roll served with oven baked jacket wedges and sweetcorn (pb)	Cheese and tomato calzone served with freshly chopped garden salad (v)	Quorn vegan sausages served with homemade creamy mashed potatoes and baked beans (pb)
Cold choice	Freshly made wholemeal sandwiches served with mixed salad and ½ piece of fruit	Freshly made wraps served with mixed salad and ½ piece of fruit	Freshly made wholemeal sandwiches served with mixed salad and ½ piece of fruit	Freshly made wrap served with a mixed salad and ½ piece of fruit	Freshly made wholemeal sandwiches served with mixed salad and ½ piece of fruit
Pudding	Arctic Roll Cheese & crackers Fresh fruits Yoghurts	Homemade Lemon drizzle cake Cheese & crackers Fresh fruits Yoghurts	Gingerbread person (pb) Cheese & crackers Fresh fruits Yoghurts	Chocolate and Orange muffin Cheese & crackers Fresh fruits Yoghurts	Yoghurt whip & mini shortbread biscuit Cheese & crackers Fresh fruits Yoghurt

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and cheddar cheese)

week
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Spring Summer 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Lamb mince and potato pie served with mixed vegetables.	Homemade chicken curry served with pilau rice and freshly baked naan bread.	Chicken fillet in a rich tomato sauce served with oven baked diced potatoes, garden peas and sweetcorn (gf)	Beef burger in a bun served with oven baked jacket wedges, salad and ketchup	Salmon fish fingers served with oven baked chunky chipped potatoes and baked beans
Main meal	Vegan meatballs in a rich homemade tomato sauce served with pasta and freshly baked garlic bread (pb)	Quorn vegan nuggets served with oven baked jacket wedges and baked beans (pb)	Macaroni cheese served with freshly baked garlic bread (v)	Homemade cheese quiche served with oven baked jacket wedges and salad (v)	Cheese and tomato pizza served with oven baked chunky chipped potatoes and baked beans (v)
Cold choice	Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit	Freshly made wraps served with mixed salad and ½ piece of fruit	Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit	Freshly made wraps served with mixed salad and ½ piece of fruit	Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit
Pudding	Ice cream tub Cheese & crackers Fresh fruits Yoghurts	Abbey Biscuit Cheese & crackers Fresh fruit Yoghurts	Carrot cake muffin topped with buttercream. Cheese & crackers Fresh fruits Yoghurts	Chocolate shortbread biscuit Cheese & crackers Fresh fruits Yoghurts	Fruit jelly topped with whipped cream (v) Cheese & crackers Fresh fruits Yoghurts

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and cheddar cheese)

week
3

Spring Summer 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Chicken fajita parcel served with spicy rice and homemade tomato salsa	Red Tractor pork sausages served with crispy hash browns and baked beans	Italian style beef Bolognese served with pasta and freshly baked garlic bread	Red Tractor chicken fillet served with roast potatoes, carrots and gravy (gf)	Harry Ramsden's battered MSC fish fillet served with oven baked chunky chipped potatoes, garden peas and tomato ketchup
Main meal	Pasta Neapolitan served with garlic bread and a fresh garden salad (v)	Vegetable nuggets served with crispy hash browns and baked beans (pb)	Sweet chilli Quorn wrap served with oven baked jacket wedges and garden salad (v)	Quorn Biryani served with diced cucumber (v)	Quorn southern style burger served with chunky chipped potatoes, garden peas and tomato ketchup (v)
Cold choice	Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit	Freshly made wraps served with mixed salad and ½ piece of fruit	Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit	Freshly made wraps served with mixed salad and ½ piece of fruit	Freshly made wholemeal sandwiches served with a mixed salad and ½ piece of fruit
Pudding	Freshly whipped strawberry mousse Cheese & crackers Fresh fruits Yoghurts	Iced Chocolate Sponge Cheese & crackers Fresh fruits Yoghurts	Homemade shortbread biscuit Cheese & crackers Fresh fruits Yoghurts	Homemade vanilla muffin Cheese & crackers Fresh fruits Yoghurts	Homemade Apple Flapjack Cheese & crackers Fresh fruits Yoghurts

A jacket potato served with a choice of 3 fillings per day (from tuna mayonnaise, baked beans and cheddar cheese)

Salford City Council

V = Vegetarian PB= Plant based GF = Gluten free

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